



CARRYING GRIEF, FINDING STRENGTH

BEREAVEMENT SUPPORT GROUP

Co-Sponsored by



No Retreat, No Surrender (nrnsfoundation5013c.org)



Grief Connection Space (griefconnectionspace.com)

and



First Congregational Church of Western Springs (wscongo.org)

FIRST CONGREGATIONAL
CHURCH OF WESTERN SPRINGS
1106 CHESTNUT ST.
WESTERN SPRINGS

Please join us for six weeks of support and psychoeducation as we explore grief, learn helpful ways to process it, and navigate the upcoming holiday season.

Ages 18+



WEDNESDAYS STARTING OCT 7
THROUGH NOVEMBER 11
6:30-7:45PM

SCAN TO REGISTER
-OR-
TAP HERE

Questions: colleen@nrnsfoundation5013c.org



Colleen Narbone, LCPC
cdpcc.org



Michelle Halm, LCPC, FT
griefconnectionspace.com